



Ready

- 1 spot marker per child
- 4 cones for boundaries
- Musical ASAPs – #6 and #7
- SPARK EC Music CD and player

Set

- Create activity area.
- Scatter spot markers within area.
- Send children to stand on spot markers.



GO!

1. **“Flick A Fly”** (*Teach Musical ASAP #6.*)
2. **Switcheroo!**
 - When you hear, “Switcheroo!” walk to a **different home**. Switcheroo!
 - Show you remember what to do if someone is already on the home you want.
3. **Creative Words and Movements**
 - I will say a word. Show how you can move to make it happen.
 - Twist – Splash – Dive – Swim – Pour – Sneak – Melt – Reach – Spin – Stretch – Pull – Push – Hammer – Fall – Sizzle
 - How would you walk... On ice – Barefoot on hot sand – In a strong wind – In a big pit of tiny balls – Through a thick, dark jungle – In a hot, dry desert – Through a swamp filled with alligators?
 - How would you move like... Lightning and thunder – Rain – A snowflake?
 - Who can think of a new way for us to move?
4. **Scrambled Eggs!**
 - Are you hungry? Whenever you hear, “Scrambled Eggs!” move like uncooked eggs in our neighborhood.
 - When you hear, “Freeze,” stop right where you are in your very own scrambled egg shape. (*Repeat. Vary tempos.*)
5. **“The Chicken Dance”** (*Teach Musical ASAP #7.*)
6. **Wrap It Up**
 - Who will show us a way you moved today?
 - When I say, “Go!” show your favorite scrambled eggs pose. Go!

CREATIVE WORDS AND MOVEMENTS

ADAPTATIONS

Limited Space

- * Use creative words and movements for children to act out on or near their spot instead of throughout the neighborhood.

Variation

- * While playing *Scrambled Eggs*, alternate saying, “Freeze” and “It’s Breakfast Time!” On, “It’s Breakfast Time!” children return to their homes to eat breakfast.

Inclusive Strategy

- * For students with hearing impairments or non-English speaking children, use visual aid cards.



OBJECTIVES

- ✓ Creative expression
- ✓ Auditory discrimination
- ✓ Spatial relationships
- ✓ Imaginary play

YOUR STATE STANDARDS



ACADEMIC

Literacy

Read Barnyard Dance by Sandra Boynton.



FAMILY FUN

Scrambled Eggs!

Ask your child to teach you how to play *Scrambled Eggs!* Everyone moves like scrambled eggs and holds a funny egg pose on the stop signal!



TEACHER TIPS

- Lively background music makes playing *Scrambled Eggs!* more fun.
- Add creative words and moves with a local flair (e.g., “How would you look if you were dancing with Mickey and Minnie at Disney World?”).
- Encourage children to move as though they are actually preparing scrambled eggs (e.g., “Let’s get a pan from the cupboard; the eggs out of the refrigerator.”).

NOTES
