

**UNIT: COOPERATIVE GAMES**


**AGES: 5-14**

**OBJECTIVES**

Large object manipulation, cooperation, balance, agility

**EQUIPMENT**

1 hoop/2 youth, 4 cones for boundaries, music/whistle

ACTIVITY	ORGANIZATION	TEACHING CUES
<u>-GROUP DAY-</u>		
<p><b>Houdini Hoops</b> <i>Diagram on back</i></p>	<p><u>-Groups of 6 in small circles.</u> Give each group 1 hoop.</p> <p>-Explain/demonstrate game.</p> <p>-Instruct youth to change directions on cue.</p> <p> <i>Academic Integration:</i> -Instruct a lesson on keeping time, teach clockwise and counterclockwise.</p>	<p>-The Great Game we are going to play is called "Houdini Hoops!"</p> <p>-Mingle-Mingle 3's! How quickly can you find another threesome and make a group of 6?</p> <p>-Form a circle and join hands.</p> <p><u>-The object of the game is to see how quickly you can move a hoop around your circle while not letting go of your hands.</u></p> <p>-When your group is ready, you will get a hoop. Place the hoop over one person's wrist so it dangles like a bracelet.</p> <p>- On START cue, move the hoop around your circle (right or left) by stepping and ducking through it.</p> <p>-Don't let go of your hands!</p> <p>-Bend, twist, turn! Talk to each other and work together!</p> <p><u>Challenges:</u></p> <p>-How quickly can your group pass your hoop around your circle 2 times? Yell "Hooray" when done!</p> <p>-How many times can your group move the hoop around the circle in 1 minute?</p> <p><u>After trials:</u></p> <p>-I will combine 2 groups. Your new group will have 2 (or 3) hoops to move around your circle.</p> <p>-Do you think we can make 1 big circle with the entire group and pass many hoops?</p>

# HOUDINI HOOPS

