

SPARK Alignment with Ontario Physical Education Outcomes
(K-2 Version 2008)
Kindergarten

Outcome	Suggested Assessments	Sample SPARK Activities	Corresponding SPARK Unit
Physical Development and Activity			
Participate actively in creative movement and other daily physical activities (<i>e.g., dance, games, outdoor play, fitness breaks.</i>)	<ul style="list-style-type: none"> • Building a Foundation Rubric • Games Rubric 	<ul style="list-style-type: none"> • Oxygen Boogie • Chasing and Fleeing • The Good Ship SPARK • Chinese Ribbon Dance 	<ul style="list-style-type: none"> • Games • Building a Foundation • ASAP • Manipulatives
Demonstrate persistence while engaged in activities that require the use of both large and small muscles (<i>e.g., tossing and catching beanbags, skipping, lacing, drawing.</i>)	<ul style="list-style-type: none"> • Catching and Throwing Rubric • Manipulatives Rubric 	<ul style="list-style-type: none"> • Manipulatives Circuit • Self-Toss and Catch • Scoops and Balls Introduction 	<ul style="list-style-type: none"> • Manipulatives • Catching and Throwing • Catching and Throwing
Demonstrate strategies for engaging in cooperative play in a variety of games and activities.	<ul style="list-style-type: none"> • Games Rubric • Parachute Rubric 	<ul style="list-style-type: none"> • Houdini Hoops • Changing Places • Line Boogie 	<ul style="list-style-type: none"> • Games • Parachute • Manipulatives
Begin to demonstrate control of large muscles with and without	<ul style="list-style-type: none"> • Building a Foundation 	<ul style="list-style-type: none"> • Body Management and Balance 	<ul style="list-style-type: none"> • Building a Foundation

<p>equipment (<i>e.g., climb and balance on playground equipment; roll, throw, and catch a variety of balls; demonstrate balance and coordination during parachute games; hop, slide, or gallop in the gym or outdoors.</i>)</p>	<p>Rubric</p> <ul style="list-style-type: none"> ● Catching and Throwing Rubric ● Parachute Rubric ● Balance, Stunts, and Tumbling Rubric 	<ul style="list-style-type: none"> ● Locomotor Skills, Levels, and Directions ● Catching and Throwing Circuit ● Changing Places ● Basic Body Positions 	<ul style="list-style-type: none"> ● Building a Foundation ● Catching and Throwing ● Parachute ● Balance, Stunts, and Tumbling
<p>Begin to demonstrate balance, whole-body and hand-eye coordination, and flexibility in movement (<i>e.g., run, jump, climb, walk on the balance beam, play beach-ball tennis, catch a ball, play hopscotch</i>).</p>	<ul style="list-style-type: none"> ● Building a Foundation Rubric ● Balance, Stunts, and Tumbling Rubric ● Dribbling, Volleying, and Striking Rubric ● Catching and Throwing Rubric 	<ul style="list-style-type: none"> ● Body Management and Balance ● Animal Balancing Act ● Volleying and Striking Introduction ● Flexibility ● Partner Throw and Catch ● Switcheroo! 	<ul style="list-style-type: none"> ● Building a Foundation ● Balance, Stunts, and Tumbling ● Dribbling, Volleying, and Striking ● Building a Foundation ● Catching and Throwing ● Recess Activities