



Ready...

- 1 tossable per 4 students

Set...

- Students in a circle, facing the back of person standing next to them.
- Evenly distribute tossables around the group.

GO!

1. The object is to move the objects “around the world” (circle).
2. Each object must be passed its own special way.
3. Whoever is holding the object at the beginning decides the way that object is passed.
4. All objects are passed to the person behind you.
5. *Sample methods of passing include:*
 - 2 hands, hand-off overhead
 - 2 hands, hand-off between legs
 - Twist to R, and hand off with L hand
 - Back-bend arch, and hand off with both hands
 - *(Let students be creative)*
6. On signal, begin passing the objects around the circle.
7. Keep your eyes forward; look at what is coming to you and how it was passed. Remember this is how you have to pass it behind you. Don't look behind you for what has already passed.
8. Try to move the objects as quickly as possible. I'll time you. Then we'll see if you can beat your record.

* SPARK™ IT UP!

* Zigzag Passing

(Divide class into 2 groups; each group splits into 2 lines in face-off formation. Each group begins with an object at 1 end of their lines. First student tosses an object to the player across the aisle. That student tosses it diagonally across, and so on. Continue to zigzag down the aisle and back. Add a 2nd object when ready; then try with 3!)