

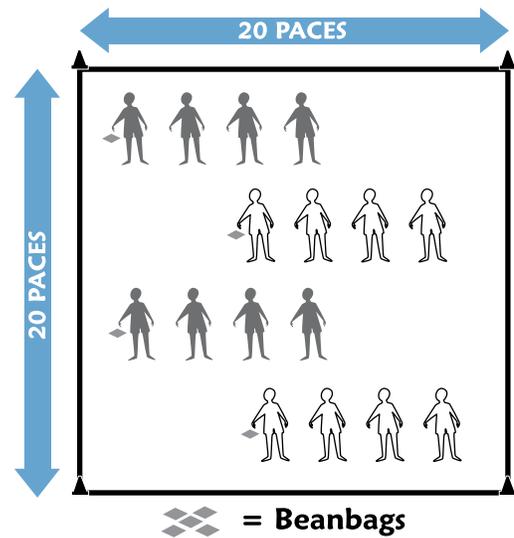


Ready

- 4 cones (for boundaries)
- 1 beanbag per 4 students
- Music and player

Set

- Create medium (20X20 paces) activity area.
- Create groups of 4 in a single-file line, standing 1 arm distance apart.
- Place 1 beanbag with the leader of each line.



GO!

1. The object of *Line Boogie* is to move your group's beanbag down your line without dropping it.
2. Each person reaches overhead and hands the beanbag to the person behind them. Continue until it reaches the end of the line. The last in line runs it back to the front.
3. Don't let go until you feel the person behind you has a good grip on it. Cooperation and communication will help your group be successful.
4. Continue boogying the beanbag down the line until the signal. (*Allow 1-2 minutes to practice.*)
5. Now let's try a different way to pass the beanbag. Can you pass it between your legs (under)? A careful handoff keeps the beanbag from dropping! (*Allow practice time.*)
6. Now let's try over/under/over/under. (*Allow practice time.*)
7. This time, the last in line weaves in and out of others in your line on their way to being the leader.
8. **Wrap It Up**
 - How did your group work together to make this activity fun? (*Debrief on cooperation and communication skills.*)
 - This game makes sure we share and take turns. Remember to do the same during recess and lunch breaks.

★ Add 1 for Fun

Can you and your group think of another way to pass the beanbag down the line? Try it!

★ Pass the Hat

On “Go!” move your line around the perimeter (outside edge of our activity area – begin with a walk) while passing the beanbag overhead. The leader chooses a locomotor movement for the rest of you to follow. Each new leader creates a new movement for the line to imitate. Stay together!



ACADEMIC

Math

Count each time your group runs the beanbag back to the front. On signal, I’ll ask you a question about your score. (Sample questions: Was your score higher or lower than 5? Was your score lower than 10 minus 5? Was your score higher than $3+3$?)

STANDARDS ADDRESSED

● NASPE

#1, 2 Spatial awareness, nonlocomotor skills, locomotor skills

#3, 4 Cardiovascular endurance

- #5, 6 Participates, appreciates, enjoys movement, cooperates in small group activities

Your State (Write in here)

TONY’S TIPS

- Remind students to pass the beanbag with both hands overhead. Do not toss the beanbag or turn around to pass it.

Vocabulary

perimeter

NOTES

