

UNIT: BEAN BAG ACTIVITIES**AGES: 5-8****OBJECTIVES**

Object manipulation, balance,
fine/gross motor development

EQUIPMENT

All available bean bags, 1 hoop/3 children,
4 cones for boundaries, music/whistle

ACTIVITY	ORGANIZATION	TEACHING CUES
<u>-GROUP DAY-</u>		
The Collector <i>Diagram on back</i>	<p>-Groups of 3 standing behind own hoop. Hoops spread out in a line; bean bags scattered in play area (20 X 20 paces).</p> <p>🍏 <i>Academic Integration:</i> -Assign different point values to different color bags (e.g., red = 2, blue = 3, green = 4). Add scores.</p> <p>-Scatter objects (e.g., fluff balls, foam balls, etc.) and assign different point values.</p>	<p>-Mingle-Mingle 3's! Stand in a line behind the hoop I send you to.</p> <p><u>-The object of the game is to collect as many bean bags as you can for your group.</u></p> <p>-On START cue, the first person in line will power walk, (skip, gallop, run) and pick up 1 bean bag. Return and place it in your hoop, tag next person in line, then go to the end of your line.</p> <p>-Continue collecting bean bags until all are picked up.</p> <p>-How quickly can your group collect all the bean bags?</p>
Wacky Walkers	<p>-Move hoops 3 paces away from each group.</p> <p>-Each child has a bean bag.</p> <p>-It is best to conduct this activity on grass.</p> <p>-If a child drops a bean bag, they replace it at the point they lost it and continue.</p>	<p>-On START cue, the first person in line gets into crab-walk position (hands and feet on ground, stomach facing up), and places bean bag on stomach.</p> <p>-Crab walk as fast as you can to hoop, place bean bag in hoop, run back to your line, tag next player, then go to the end of your line.</p> <p><u>Cues for children in line:</u> -Can you balance your bean bag on 1 foot until your teammate returns? Your head? -Can you hold your bean bag between your elbows? Knees?</p>

BEAN BAG

THE COLLECTOR

