



Ready...

- Music: “Louisiana Saturday Night” (SPARK 3-6 Music CD, #8)
- Music player
- *Louisiana Saturday Night Prompt Page* (SPARK Instructional Media CD)

Set...

- Create a large activity area.
- Scatter students in area.



GO!

1. The object is to perform the line dance *Louisiana Saturday Night*. In line dances, you all face the same direction, and do the same steps together.
2. We’ll learn and practice 1 step at a time without the music first. Then we’ll put it all together with the music. (*First, teach each step or sequence, then cue students to get ready to practice by saying, “5, 6, 7, 8.”*)
3. **Louisiana Saturday Night**
 - Begin at “home” with feet together.
 - R heel-toe-heel-toe (4 counts).
 - March in place R, L, jump (slight pause), clap (4 counts).
 - L heel-toe-heel-toe (4 counts).
 - March in place L, R, jump (slight pause), clap (4 counts).
 - Repeat above.
 - Quick grapevine step to R, hop R, step L, hop L, step R, hop R (8 counts).
 - Grapevine step to L, hop L, step R, hop R, step L, hop L (8 counts).
 - Repeat above.
 - Continue from the top through entire song.

CUES

- ★ “Quick grapevine” is only 3 counts and goes right into the hop.
- ★ Keep your feet moving.

Your Twist

Add your own twist to the dance on any of the moves.



ACADEMIC

Social Studies (American History) - The acquisition of Louisiana is considered the greatest real estate deal in history. In 1803, France signed a treaty that transferred over 800,000 square miles of land to the U.S. The land became all or part of 15 states - Missouri, Iowa, South Dakota, New Mexico, Nebraska, Arkansas, Wyoming, Minnesota, Oklahoma, North Dakota, Texas, Kansas, Colorado, Montana, and Louisiana.

● **STANDARDS ADDRESSED**

DANCE

#1, 2 Perform line dance

#6 Cardiovascular fitness

#3, 4, 6 Participates,

- appreciates, enjoys rhythmic movements

Your State (Write in here)

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PAULA'S POINTERS

- Provide cues early.
- Don't use the normal version of this song unless you want some calls from parents!

NOTES

