

UNIT: GOOD VIBRATIONS

LESSON: 9

OBJECTIVES

Rhythm, locomotor skills, tempo,
listening skills,

EQUIPMENT

1 poly spot/child, 4 cones
Music player & music: "Knees Up Mother Brown"
RAFFI IN CONCERT

ACTIVITY	ORGANIZATION	TEACHING CUES
<p>Knees Up Mother Brown</p> <p>Lyrics</p> <p>There came a girl from France Who didn't know how to dance. The only thing that she could do Was "Knees Up Mother Brown."</p> <p>Chorus: O Knees up, Mother Brown, Knees up, Mother Brown. Knees up, knees up, Never let the breeze up. Knees up, Mother Brown.</p> <p>And hopping on one foot, Hopping on one foot, Hopping, hopping, never stopping. Hopping on one foot, O hopping on the other. Hopping on the other, Hopping, hopping never stopping. Hopping on the other.</p> <p>And whirling round and round, Whirling round and round, Whirling, whirling, ever twirling, Whirling round and round.</p> <p>Repeat chorus.</p>	<p>-INDIVIDUAL DAY-</p> <p>-Children standing on poly spots in play area.</p> <p>-Encourage children to listen to the voice cues.</p> <p>-This is a fun, lively song that children will like to repeat.</p> <p>-Prompt children to be careful when whirling/turning around so they do not bump into others.</p> <p>-Spinning helps the development of spatial awareness by sending messages from the inner ear to the brain on where and what the body is doing.</p>	<p>-Today we are going to do a really fun dance about a girl who didn't know how to dance. This song is called, "Knees Up Mother Brown."</p> <p>-"There came a girl from France": Stand on your poly spot and bounce with your knees to the beat.</p> <p>-"Oh, knees up": Pick up your knees as high as you can in front of us like you are jogging high in place. Good Job!</p> <p>-"Hopping on one foot": Try to hop on one foot to the beat of the music.</p> <p>-"Hopping on the other foot": Now hop on the other foot. Keep the beat!</p> <p>-"Whirling": Turning around and around. If you start to get dizzy, just change and turn the other way. We have to be very careful not to bump into our friends.</p> <p>-Let's try it with the music.</p> <p>-Wow! You all moved so carefully!</p> <p>-What a fun song! Let's do it one more time!</p>

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