

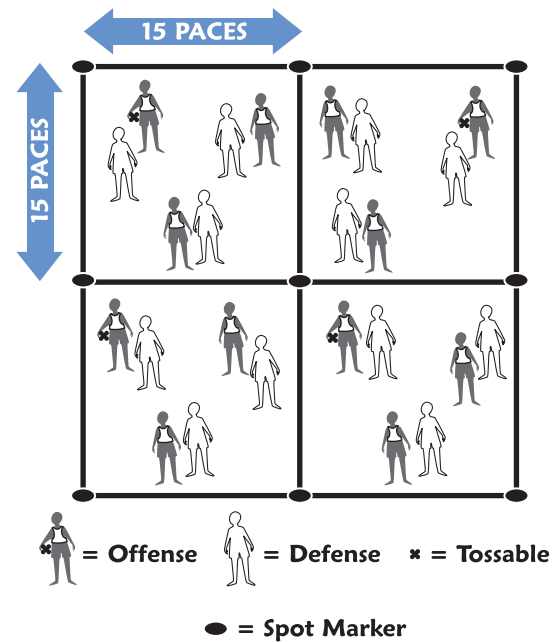


Ready...

- 1 tossable (utility ball, beanbag, foam ball, etc.) per 6 students
- 1 pinnie per pair
- 4 spot markers per 6 students

Set...

- Create 1 grid (15X15 paces) per group of 6 students.
- Form groups of 3; 2 groups and 1 ball per grid.
- 1 group per grid wears pinnines; they begin on Offense.



GO!

1. The object is for a group of 3 to complete 3 passes in a row without the tossable being dropped, intercepted, or going out of bounds.
2. Play begins with members of the Offense trying to pass ball to one another. The ball carrier may not take any steps; only pivot.
3. A point is awarded if the Offense completes 3 passes (each to a different member). If a turnover occurs (incomplete pass or ball out of bounds), the other group begins trying for their 3 catches right there.
4. After each point, the ball goes to the other team.
5. The Principle of 3s is in effect. (i.e.; Passes must travel at least 3'; the defenders must stand at least 3' away from Offense.)

CHALLENGES

- ★ How quickly can you move into open space?
- ★ How quickly can you start working toward a point after each turnover?

CUES

- ★ Offense, move to open space. Fake, cut, and pivot.
- ★ Defense, keep your hands up. Stay 3' away from the Offense.

★ 3 Steps

Ball Carrier may take up to 3 steps before passing.

★ With Dribble

(Need 1 utility ball per group of 6.) Ball Carrier may dribble up to 3X before passing.

★ Vary the Sport

(Change equipment to flying disc, football, Koosh® ball, fox tail, etc. Same rules apply.)



HOME

Learning games that have been passed from generation to generation is fun. It's a safe bet that your parents were kids at 1 time. It is also highly likely that they played a lot, just like you. What games did they play? Interview an adult about the games they remember from their childhood. Better yet, have them teach you 1. Some day, you can do the same for your kids!

● STANDARDS ADDRESSED

NASPE

#1, 2 Spatial awareness, passing, catching

#3, 4 Cardiovascular fitness

- #5, 6 Cooperation, fair play, offensive team strategies

Your State (Write in here)

TONY'S TIPS

- Use the Pinnies Rule (i.e., group wearing pinnies has ball first, and always advances in the same direction).

NOTES

