

SPARK Alignment with Wyoming Physical Education Standards

Standard	Suggested Assessments	Sample SPARK Activities	Corresponding SPARK Unit
K-2 (2008 Edition)			
<p>MOVEMENT: Students demonstrate competency in movement forms and apply movement concepts and principles to the learning and development of motor skills.</p>	<p>Building a Foundation Rubric</p>	<ul style="list-style-type: none"> • Locomotor Skills, Levels, Directions • Body Management and Balance • Movement Concepts Using Hoops 	<ul style="list-style-type: none"> • Building a Foundation • Building a Foundation • Building a Foundation
<p>FITNESS: Students demonstrate fitness literacy and behaviors associated with physical fitness.</p>	<p>Building a Foundation Rubric</p>	<ul style="list-style-type: none"> • Fitness Introduction • Parachute Fitness • Individual Rope Jumping I and II 	<ul style="list-style-type: none"> • Building a Foundation • Parachute • Jumping
<p>PERSONAL AND SOCIAL BEHAVIOR: Students demonstrate personal and social responsibility, understand the benefits of physical activity, and respect diversity among people in physical activity settings.</p>	<p>Parachute Rubric</p>	<ul style="list-style-type: none"> • Capture the Orb • Long Rope Jumping I and II • Frog Crossing 	<ul style="list-style-type: none"> • Parachute • Jumping • Games

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Standard	Suggested Assessments	Sample SPARK Activities	Corresponding SPARK Unit
3-5 (2007 Edition)			
MOVEMENT: Students demonstrate competency in movement forms and apply movement concepts and principles to the learning and development of motor skills.	Create a Game Performance Rubric (Aerobic Games)	<ul style="list-style-type: none"> • Mini-Hockey • Quick-Play Mini-Football • Mini-Basketball 	<ul style="list-style-type: none"> • Hockey • Football • Basketball
FITNESS: Students demonstrate fitness literacy and behaviors associated with physical fitness.	Fitness Circuits Think About	<ul style="list-style-type: none"> • Resistance Band Workout • Flexibility Circuit • Body Composition BINGO • Number Run 	<ul style="list-style-type: none"> • Group Fitness • Fitness Circuits • Fitness Challenges • Walk/Jog/Run
PERSONAL AND SOCIAL BEHAVIOR: Students demonstrate personal and social responsibility, understand the benefits of physical activity, and respect diversity among people in physical activity settings.	Cooperative All-Star Self Check	<ul style="list-style-type: none"> • Group Juggling • Stepping Stones • Beat the Clock 	<ul style="list-style-type: none"> • Cooperatives • Cooperatives • Cooperatives

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6-8 (2001 Edition)			
MOVEMENT: Students demonstrate competency in movement forms and apply movement concepts and principles to the learning and development of motor skills.	Skill Checklist: Volleyball Underhand Serve (Extra Extra)	<ul style="list-style-type: none"> • Speedball • 3-Catch Basketball • Frisbee Speedball 	<ul style="list-style-type: none"> • Field Games • Basketball • Frisbee
FITNESS: Students demonstrate fitness literacy and behaviors associated with physical fitness.	Personal Best Log (Extra Extra)	<ul style="list-style-type: none"> • Estimation • Jogging • Rope Skipping 	<ul style="list-style-type: none"> • Power Walk and Jog • Run USA • Jump Rope
PERSONAL AND SOCIAL BEHAVIOR: Students demonstrate personal and social responsibility, understand the benefits of physical activity, and respect diversity among people in physical activity settings.	Pair Share (Lesson Closure, Extra Extra)	<ul style="list-style-type: none"> • Houdini Hoops • Moon Ball • Group Moon Ball 	<ul style="list-style-type: none"> • Cooperative Games • Cooperative Games • Cooperative Games

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9-12 (2007 Edition)			
MOVEMENT: Students demonstrate competency in movement forms and apply movement concepts and principles to the learning and development of motor skills.	Racquetball Skills Check-Off	<ul style="list-style-type: none"> • Return Service to Target • Skill Builder • Forehand and Backhand Techniques 	<ul style="list-style-type: none"> • Volleyball • Basketball • Racquetball
FITNESS: Students demonstrate fitness literacy and behaviors associated with physical fitness.	Personal Fitness Program Evaluation	<ul style="list-style-type: none"> • Power Stretching/Yoga • Pilates • Personal Fitness Program 	<ul style="list-style-type: none"> • Power Stretching/Yoga • Pilates • Personal Fitness Program
PERSONAL AND SOCIAL BEHAVIOR: Students demonstrate personal and social responsibility, understand the benefits of physical activity, and respect diversity among people in physical activity settings.	Teambuilding Response Journal	<ul style="list-style-type: none"> • Hula Hoop Pass • 2 Group Human Ladder • Minefield 	<ul style="list-style-type: none"> • Cooperatives/Team building • Cooperatives/Team building • Cooperatives/Team building