

## SPARK Alignment with South Dakota Physical Education Standards

Standard	Suggested Assessments	Sample SPARK Activities	Corresponding SPARK Unit
<b>K-2 (2008 Edition)</b>			
<p><b>STANDARD/GOAL ONE:</b> Students will develop competency in all fundamental movement skills and proficiency in some movement forms.</p>	Building a Foundation Rubric	<ul style="list-style-type: none"> <li>• Locomotor Skills, Levels, Directions</li> <li>• Body Management and Balance</li> <li>• Animal Balancing Act</li> </ul>	<ul style="list-style-type: none"> <li>• Building a Foundation</li> <li>• Building a Foundation</li> <li>• Balance, Stunts, and Tumbling</li> </ul>
<p><b>STANDARD/GOAL TWO:</b> Students will analyze scientific concepts and principles to understand, evaluate, and enhance movement skill acquisition and performance.</p>	Building a Foundation Rubric	<ul style="list-style-type: none"> <li>• Movement Concepts Using Hoops</li> <li>• Pairs Combining Movement Concepts</li> <li>• Scoops and Balls Introduction</li> </ul>	<ul style="list-style-type: none"> <li>• Building a Foundation</li> <li>• Building a Foundation</li> <li>• Catching and Throwing</li> </ul>
<p><b>STANDARD THREE:</b> Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.</p>	Building a Foundation Rubric	<ul style="list-style-type: none"> <li>• Fitness Introduction</li> <li>• Parachute Fitness</li> <li>• Individual Rope Jumping I and II</li> </ul>	<ul style="list-style-type: none"> <li>• Building a Foundation</li> <li>• Parachute</li> <li>• Jumping</li> </ul>

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<p><b>STANDARD FOUR:</b> Students will develop responsible and respectful personal and social behavior in physical activity settings.</p>	Parachute Rubric	<ul style="list-style-type: none"> <li>• Capture the Orb</li> <li>• Long Rope Jumping I and II</li> <li>• Frog Crossing</li> </ul>	<ul style="list-style-type: none"> <li>• Parachute</li> <li>• Jumping</li> <li>• Games</li> </ul>
<p><b>STANDARD FIVE:</b> Students will understand that physical activity provides opportunities for enjoyment, challenge, self-expression, social interaction, and employment.</p>	Dance Rubric	<ul style="list-style-type: none"> <li>• Create a Dance</li> <li>• Create a Routine</li> <li>• Showtime</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Balance, Stunts, and Tumbling</li> <li>• Manipulatives</li> </ul>

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<b>3-5 (2007 Edition)</b>			
<b>STANDARD/GOAL ONE:</b> Students will develop competency in all fundamental movement skills and proficiency in some movement forms.	Hockey Self-Check	<ul style="list-style-type: none"> <li>• Batting Practice</li> <li>• Ball-Control Drills</li> <li>• Dribbling Drills</li> </ul>	<ul style="list-style-type: none"> <li>• Softball</li> <li>• Soccer</li> <li>• Hockey</li> </ul>
<b>STANDARD/GOAL TWO:</b> Students will analyze scientific concepts and principles to understand, evaluate, and enhance movement skill acquisition and performance.	Create a Game Performance Rubric (Aerobic Games)	<ul style="list-style-type: none"> <li>• Survivor Challenge</li> <li>• Cooperative Countdown</li> <li>• Aerobic Bowling</li> </ul>	<ul style="list-style-type: none"> <li>• Fitness Challenges</li> <li>• Volleyball</li> <li>• Aerobic Games</li> </ul>
<b>STANDARD THREE:</b> Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	Fitness Circuits Performance Rubric	<ul style="list-style-type: none"> <li>• Body Composition Circuit</li> <li>• Muscular Strength and Endurance Circuit</li> <li>• Fun and Flexibility with a Friend</li> <li>• Aerobic Capacity Circuit</li> </ul>	<ul style="list-style-type: none"> <li>• Fitness Circuits</li> <li>• Fitness Circuits</li> <li>• Fitness Challenges</li> <li>• Fitness Circuits</li> </ul>

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<p><b>STANDARD FOUR:</b> Students will develop responsible and respectful personal and social behavior in physical activity settings.</p>	<p>Cooperative All-Star Self Check</p>	<ul style="list-style-type: none"> <li>• Group Juggling</li> <li>• Stepping Stones</li> <li>• Beat the Clock</li> </ul>	<ul style="list-style-type: none"> <li>• Cooperatives</li> <li>• Cooperatives</li> <li>• Cooperatives</li> </ul>
<p><b>STANDARD FIVE:</b> Students will understand that physical activity provides opportunities for enjoyment, challenge, self-expression, social interaction, and employment.</p>	<p>Are You Part of the Cast? Cooperative All-Star Teammate Self Check</p>	<ul style="list-style-type: none"> <li>• Mini-Hockey</li> <li>• Survivor Challenge</li> <li>• Stick with Me!</li> </ul>	<ul style="list-style-type: none"> <li>• Hockey</li> <li>• Fitness Challenges</li> <li>• Cooperatives and Initiatives</li> </ul>

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<b>6-8 (2001 Edition)</b>			
<b>STANDARD/GOAL ONE:</b> Students will develop competency in all fundamental movement skills and proficiency in some movement forms.	Basketball Trick Skills Test (Extra Extra)	<ul style="list-style-type: none"> <li>• Pass and Shoot</li> <li>• Putting to Targets</li> <li>• Target Frisbee</li> </ul>	<ul style="list-style-type: none"> <li>• Basketball</li> <li>• Golf</li> <li>• Frisbee</li> </ul>
<b>STANDARD/GOAL TWO:</b> Students will analyze scientific concepts and principles to understand, evaluate, and enhance movement skill acquisition and performance.	Basketball Skills Test (Extra Extra)	<ul style="list-style-type: none"> <li>• Modified Full-Court Games</li> <li>• Frisbee Speedball</li> <li>• Circle Bump and Set</li> </ul>	<ul style="list-style-type: none"> <li>• Basketball</li> <li>• Frisbee</li> <li>• Volleyball</li> </ul>
<b>STANDARD THREE:</b> Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	Personal Best Log (Extra Extra)	<ul style="list-style-type: none"> <li>• Fun and Fitness Circuit</li> <li>• Obstacle Courses</li> <li>• Power Walk and Jog</li> </ul>	<ul style="list-style-type: none"> <li>• Fun and Fitness Circuit</li> <li>• Obstacle Courses</li> <li>• Power Walk and Jog</li> </ul>
<b>STANDARD FOUR:</b> Students will develop responsible and respectful personal and social behavior in physical activity settings.	Pair Share (Lesson Closure, Extra Extra)	<ul style="list-style-type: none"> <li>• Houdini Hoops</li> <li>• Bodyguards</li> <li>• Double Dutch Jumping</li> </ul>	<ul style="list-style-type: none"> <li>• Cooperative Games</li> <li>• Cooperative Games</li> <li>• Jump Rope</li> </ul>

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<p><b>STANDARD FIVE:</b> Students will understand that physical activity provides opportunities for enjoyment, challenge, self-expression, social interaction, and employment.</p>	<p>Dance Assessment (Extra Extra)</p>	<ul style="list-style-type: none"> <li>• Straddleball</li> <li>• Red River Valley</li> <li>• Ultimate Frisbee</li> </ul>	<ul style="list-style-type: none"> <li>• Cooperative Games</li> <li>• Dance</li> <li>• Frisbee</li> </ul>

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<b>9-12 (2007 Edition)</b>			
<b>STANDARD/GOAL ONE:</b> Students will develop competency in all fundamental movement skills and proficiency in some movement forms.	5-Person Hit and Run Softball Assessment	<ul style="list-style-type: none"> <li>• Return Service to Target</li> <li>• 5-Person Hit and Run Softball</li> <li>• Forehand and Backhand Techniques</li> </ul>	<ul style="list-style-type: none"> <li>• Volleyball</li> <li>• Softball</li> <li>• Racquetball</li> </ul>
<b>STANDARD/GOAL TWO:</b> Students will analyze scientific concepts and principles to understand, evaluate, and enhance movement skill acquisition and performance.	Choreography Project	<ul style="list-style-type: none"> <li>• Jump Rope</li> <li>• Line Dance</li> <li>• Tinikling/Jump Bands</li> </ul>	<ul style="list-style-type: none"> <li>• Jump Rope</li> <li>• Line Dance</li> <li>• Tinikling/Jump Bands</li> </ul>
<b>STANDARD THREE:</b> Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	Personal Fitness Program Evaluation	<ul style="list-style-type: none"> <li>• Power Stretching/Yoga</li> <li>• Pilates</li> <li>• Personal Fitness Program</li> </ul>	<ul style="list-style-type: none"> <li>• Power Stretching/Yoga</li> <li>• Pilates</li> <li>• Personal Fitness Program</li> </ul>
<b>STANDARD FOUR:</b> Students will develop responsible and respectful personal and social behavior in physical activity	Teambuilding Response Journal	<ul style="list-style-type: none"> <li>• Everybody Up</li> <li>• Gordian Knot</li> <li>• Trolleys</li> </ul>	<ul style="list-style-type: none"> <li>• Cooperatives/Team building</li> <li>• Cooperatives/Team building</li> </ul>

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settings.			<ul style="list-style-type: none"> <li>• Cooperatives/Team building</li> </ul>
<p><b>STANDARD FIVE:</b> Students will understand that physical activity provides opportunities for enjoyment, challenge, self-expression, social interaction, and employment.</p>	Dance Assessment	<ul style="list-style-type: none"> <li>• 5, 6, 7, 8</li> <li>• Pilates/Yoga</li> <li>• Troika</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Pilates/Yoga</li> <li>• Dance</li> </ul>