

SPARK Alignment with Nevada Physical Education Standards

Standard	Suggested Assessments	Sample SPARK Activities	Corresponding SPARK Unit
K-2 (2008 Version)			
1.0: A physically educated student understands and applies movement concepts to the learning and development of motor skills.	Building a Foundation Rubric	<ul style="list-style-type: none"> • Movement Concepts Using Hoops • Pairs Combining Movement Concepts • Scarf Exploration 	<ul style="list-style-type: none"> • Building a Foundation • Building a Foundation • Manipulatives
2.0: Demonstrate competency in many movement forms and proficiency in a few movement forms.	Building a Foundation Rubric	<ul style="list-style-type: none"> • Locomotor Skills, Levels, Directions • Body Management and Balance • Animal Balancing Act 	<ul style="list-style-type: none"> • Building a Foundation • Building a Foundation • Balance, Stunts, and Tumbling
3.0: Demonstrate an understanding of dance through skills, techniques, choreography, and as a form of communication.	Dance Rubric	<ul style="list-style-type: none"> • Create a Dance • Emotion Motion • The Shoemaker's Dance 	<ul style="list-style-type: none"> • Dance • ASAP • Dance
4.0: Students will achieve and maintain a health-enhancing	Building a Foundation Rubric	<ul style="list-style-type: none"> • Fitness Introduction 	<ul style="list-style-type: none"> • Building a Foundation

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level of individual fitness for an active lifestyle.		<ul style="list-style-type: none"> • Parachute Fitness • Individual Rope Jumping I and II 	<ul style="list-style-type: none"> • Parachute • Jumping
5.0: Students will demonstrate responsible personal and social behaviors in physical activity settings.	Parachute Rubric	<ul style="list-style-type: none"> • Capture the Orb • Long Rope Jumping I and II • Frog Crossing 	<ul style="list-style-type: none"> • Parachute • Jumping • Games
6.0: Students will demonstrate understanding and respect for differences among people in physical activity settings.	Jumping Rubric	<ul style="list-style-type: none"> • Rope Turning in Pairs • Houdini Hoops • The Mexican Hat Dance 	<ul style="list-style-type: none"> • Jumping • Games • Dance
7.0: Students will demonstrate the understanding that physical activity provides opportunities for social interaction and participation.	Games Rubric	<ul style="list-style-type: none"> • Catch and Chase • 2-Square • Switcheroo! 	<ul style="list-style-type: none"> • Games • Recess Activities • Recess Activities

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3-5			
1.0: A physically educated student understands and applies movement concepts to the learning and development of motor skills.	Create A Routine Rubric (Stunts and Tumbling)	<ul style="list-style-type: none"> • Learning the Stunts • 5-Person Kick and Dribble • Grid Passing 	<ul style="list-style-type: none"> • Stunts and Tumbling • Soccer • Basketball
2.0: Demonstrate competency in many movement forms and proficiency in a few movement forms.	Basketball Learning Log	<ul style="list-style-type: none"> • Dribbling Drills • Passing Drills • 2-Minute Drills 	<ul style="list-style-type: none"> • Basketball • Soccer • Football
3.0: Demonstrate an understanding of dance through skills, techniques, choreography, and as a form of communication.	Create a Dance Rubric	<ul style="list-style-type: none"> • Mambo #5 • Hot Time • Alunelul 	<ul style="list-style-type: none"> • Dance • Dance • Dance
4.0: Students will achieve and maintain a health-enhancing level of individual fitness for an active lifestyle.	Fitness Circuits Think About; Personal Best Log	<ul style="list-style-type: none"> • Resistance Band Workout • Flexibility Circuit • Body Composition BINGO • Number Run 	<ul style="list-style-type: none"> • Group Fitness • Fitness Circuits • Fitness Challenges • Walk/Jog/Run

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5.0: Students will demonstrate responsible personal and social behaviors in physical activity settings.	Are You Part of the Cast Cooperative Self-Check	<ul style="list-style-type: none"> • Add-On • Mirror, Mirror • Meet Me in the Middle 	<ul style="list-style-type: none"> • Movement Bands • Jump Rope • ASAP
6.0: Students will demonstrate understanding and respect for differences among people in physical activity settings.	Are You Part of the Cast Cooperative Self-Check	<ul style="list-style-type: none"> • Cooperative Countdown • VIP Tag • Designated Driver 	<ul style="list-style-type: none"> • Volleyball • Chasing and Fleeing • Cooperatives
7.0: Students will demonstrate the understanding that physical activity provides opportunities for social interaction and participation.	Are You Part of the Cast Cooperative Self-Check	<ul style="list-style-type: none"> • Fun and Flexibility with a Friend • Partner Walk/Jog and Talk • Bumping Buddies 	<ul style="list-style-type: none"> • Fitness Challenges • Walk/Jog/Run • Volleyball

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6-8			
1.0: A physically educated student understands and applies movement concepts to the learning and development of motor skills.	Basketball Skills Test (Extra Extra)	<ul style="list-style-type: none"> • Modified Full-Court Games • Frisbee Speedball • Hurdle Practice 	<ul style="list-style-type: none"> • Basketball • Frisbee • Track and Field
2.0: Demonstrate competency in many movement forms and proficiency in a few movement forms.	Skill Checklist: Volleyball Underhand Serve (Extra Extra)	<ul style="list-style-type: none"> • Circle Bump and Set • Putting to Targets • Target Frisbee 	<ul style="list-style-type: none"> • Volleyball • Golf • Frisbee
3.0: Demonstrate an understanding of dance through skills, techniques, choreography, and as a form of communication.	Dance Assessment (Extra Extra)	<ul style="list-style-type: none"> • Red River Valley • Tinikling • Troika 	<ul style="list-style-type: none"> • Dance • Dance • Dance
4.0: Students will achieve and maintain a health-enhancing level of individual fitness for an active lifestyle.	Personal Best Log (Extra Extra)	<ul style="list-style-type: none"> • Fun and Fitness Circuit • Obstacle Courses • Power Walk and Jog 	<ul style="list-style-type: none"> • Fun and Fitness Circuit • Obstacle Courses • Power Walk and Jog
5.0: Students will demonstrate responsible personal and	Pair Share (Lesson Closure, Extra Extra)	<ul style="list-style-type: none"> • Alaska Snowball • Houdini Hoops 	<ul style="list-style-type: none"> • All Run Games • Cooperative Games

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social behaviors in physical activity settings.		<ul style="list-style-type: none"> • Memory Ball 	<ul style="list-style-type: none"> • Cooperative Games
6.0: Students will demonstrate understanding and respect for differences among people in physical activity settings.	Pair Share (Lesson Closure, Extra Extra)	<ul style="list-style-type: none"> • Tinikling • Group Passing Challenges • Double Dutch Jumping 	<ul style="list-style-type: none"> • Dance • Field Games • Jump Rope
7.0: Students will demonstrate the understanding that physical activity provides opportunities for social interaction and participation.	Pair Share (Lesson Closure, Extra Extra)	<ul style="list-style-type: none"> • Partner Pass and Trap • Throw with Partner • Group MoonBall 	<ul style="list-style-type: none"> • Soccer • Frisbee • Cooperatives

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9-12			
1.0: A physically educated student understands and applies movement concepts to the learning and development of motor skills.	5-Person Hit and Run Softball Assessment	<ul style="list-style-type: none"> • Return Service to Target • 5-Person Hit and Run Softball • Forehand and Backhand Techniques 	<ul style="list-style-type: none"> • Volleyball • Softball • Racquetball
2.0: Demonstrate competency in many movement forms and proficiency in a few movement forms.	Racquetball Skills Check-Off	<ul style="list-style-type: none"> • Return Service to Target • Skill Builder • Forehand and Backhand Techniques 	<ul style="list-style-type: none"> • Volleyball • Basketball • Racquetball
3.0: Demonstrate an understanding of dance through skills, techniques, choreography, and as a form of communication.	Choreography Project	<ul style="list-style-type: none"> • 5, 6, 7, 8 • Line Dance • Tinikling/Jump Bands 	<ul style="list-style-type: none"> • Line Dance • Line Dance • Tinikling/Jump Bands
4.0: Students will achieve and maintain a health-enhancing level of individual fitness for an	Personal Fitness Program Evaluation	<ul style="list-style-type: none"> • Power Stretching/Yoga • Pilates 	<ul style="list-style-type: none"> • Power Stretching/Yoga • Pilates

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active lifestyle.		<ul style="list-style-type: none"> • Personal Fitness Program 	<ul style="list-style-type: none"> • Personal Fitness Program
5.0: Students will demonstrate responsible personal and social behaviors in physical activity settings.	Teambuilding Response Journal	<ul style="list-style-type: none"> • Group Jump Rope • Electric Fence • All-Aboard 	<ul style="list-style-type: none"> • Cooperatives/Team building • Cooperatives/Team building • Cooperatives/Team building
6.0: Students will demonstrate understanding and respect for differences among people in physical activity settings.	Teambuilding Response Journal	<ul style="list-style-type: none"> • Hula Hoop Pass • 2 Group Human Ladder • Minefield 	<ul style="list-style-type: none"> • Cooperatives/Team building • Cooperatives/Team building • Cooperatives/Team building
7.0: Students will demonstrate the understanding that physical activity provides opportunities for social interaction and participation.	Teambuilding Response Journal	<ul style="list-style-type: none"> • Everybody Up • Gordian Knot • Trolleys 	<ul style="list-style-type: none"> • Cooperatives/Team building • Cooperatives/Team building • Cooperatives/Team building