



Ready

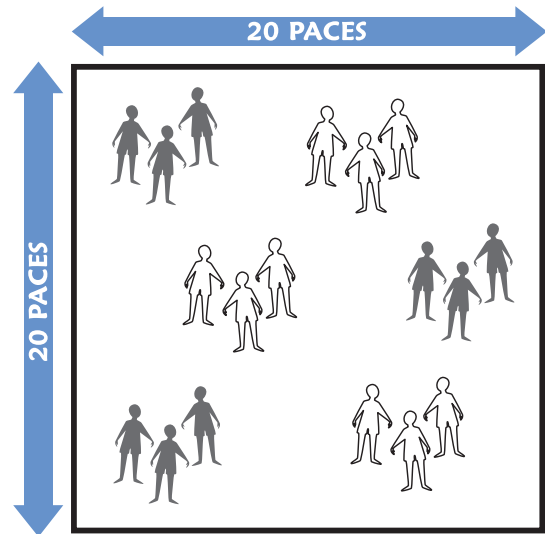
- No equipment

Set

- Create a medium (20X20 paces) activity area.
- Form groups of 3 students.
- Designate 1 Squirrel and 2 Trees.

GO!

1. This activity is called *Squirrels in the Trees*.
2. The object is for the Squirrel to move under, over, around, and through the Trees as many times as possible before the signal (*allow about 30 seconds*).
3. Trees join hands facing each other, and Squirrels stand outside Trees.
4. On my signal, Squirrels move under Trees' hands (*Trees hold hands up*), turn around and move over Trees (*Trees squat down and hold arms low*), then around Trees, and finally through Trees. (*Trees squat down and hold 1 arm high and 1 low to create a hole for the Squirrel to move through.*)
5. On the stop signal, Squirrels change places with 1 of the Trees.
6. (*Repeat activity.*)
7. Finally, we will switch again until all have been the Squirrel.



*SPARK™ IT UP!

* Magic Number

Squirrels, when you have gone under/over/around/through 3X, switch roles and continue.

* Running through the Forest

Squirrels do each part of the game in a different tree. When you come upon a Tree, tell them what you are doing next (over, under, around, or through), and Trees move into that position.